



The Help Book

**A Mountain Area Guide to
Human Services**



A project by the Leadership Evergreen Class of 2009

FOR LIFE THREATENING EMERGENCIES CALL 911

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Help Guide

BY CATEGORY RESOURCE LIST

Categories Included

Hotlines

Abuse - Physical/Emotional

Addiction

Adoption

Animal Assistance & Services

Children (Infant-Youth)

Services

Clothing

Debt Counseling/Financial

Counseling

Dental Services

Disability Services

Disaster Assistance

Domestic Violence

Drug Abuse

Eating Disorders

Employment Assistance

Family Support Services

Financial Needs/Financial Aid

Food

Grief Counseling

**Health/Health Services (Adult –
Children)**

Hearing

Homeless Services

Homicide

Household Goods/Furniture

Housing/Shelter

Legal Services

Mental Health Services

Pregnancy

Seniors

Speech Therapy

Transportation

Utilities

Veterans Services

Victim's Assistance

Vision / Hearing/Speech

Alphabetical listing of all organizations begins on page 29.

Help Guide

BY CATEGORY RESOURCE LIST

Hotlines

- 911
- American Red Cross - Mile Hi Chapter (303) 722-7474
- Ask-A-Nurse 970-668-5222
- CDC National STD/AIDS Hotline Phone 800-227-8922
 - 800-344-7432 Espanol or 800-243-7889 (TTY)
- Colorado Department of Wildlife 303-271-7227
- Colorado State Patrol 303-239-4501
- Family Support Line (English/Espanol) 877-695-7996 10am-10pm
- Jefferson County Sheriff 303-277-0211
- Mountain Peace Shelter 303-838-8181
- National Center for Missing and Exploited Children 800-843-5678
- National Child Abuse Hotline 303-271-HELP (4357) 800-422-4453
- National Domestic Violence Hotline 800-799-7233
- National Life Center/Pregnancy Hotline 800-848-5683
- Poison Control Center-Rocky Mountain 800-222-1222
- Rape Assistance and Awareness 303-322-7273 (24 hour)
 - 303-329-0031 (24 horas Espanol) or 303-329-0023 TDD hotline
- Safe House Denver, Inc. 303-318-9959 Crisis Line
- Suicide Prevention Hotline - 24 Hour 1-800-273-8255 English
 - 303-329-0031 Espanol
 - Gay/lesbian or questioning youth 866-4UTrevor (488-7386)
- Suicide Prevention Lifeline 1-800 SUICIDE (784-2433)
 - 1-800 SUICIDA (784-2432)

211: For updated local information about health and human services, dial **211** or visit <http://211colorado.org/>. **211** is the national abbreviated dialing code for free access to health and human services information and referral (I&R).

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Help Guide

BY CATEGORY RESOURCE LIST

Abuse - Physical/Emotional

AMEND

Crisis line 303-987-3444 - Jefferson County
Victim's Advocates 720-314-3730 and 720-314-3732
www.amendinc.org

Clear Creek County Advocates
303-679-2426
www.co.clear-creek.co.us/advocates/

Colorado Coalition for Elder Rights and Adult Protection - Bailey
303-816-5939
www.ccerap.org

Colorado Coalition for Elder Rights and Adult Protection - State Hotline
1-800-773-1366
www.ccerap.org

Colorado Court Appointed Special Advocates, Inc. (CASA)
303-623-5380
www.coloradocasa.org
Jefferson & Gilpin Counties 303-271-6335
Park County 719-447-9898

Jefferson County Children, Youth and Families Services
303-271-4015
www.co.jefferson.co.us/hs/index.htm

Karlis Family Center - Family Tree
303-462-1060
www.thefamilytree.org/en/domestic-violence-services/105

Mountain Peace Shelter (women/children)
24 Hotline 303-838-8181 or 303-838-7176
www.mountainpeace.org

Mountain Resource Center
303-838-7552

Alphabetical listing of all organizations begins on page 29.

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BY CATEGORY RESOURCE LIST

Domestic Violence Counseling 303-462-1060 ext. 211
www.mountainresourcecenter.org

National Child Safety Council
800-327-5107
Mon-Fri 7 a.m.-5:30 p.m. Eastern Time

Park County Victim's Services
Crisis hotline 719-836-4441, non-crisis 303-816-5912

Safe House Denver, Inc.
Crisis hotline 303-318-9989, non crisis 303-830-1276
<http://safehouse-denver.org>

Second Wind Fund, Inc.
303-988-2645
www.thesecondwindfund.org

Women in Crisis - Safe Shelter
303-420-6752
www.thefamilytree.org/en/domestic-violence-services

Addiction

Al-Anon / Alateen
303-321-8788
www.al-anon-co.org

Alcoholics Anonymous
303-322-4440
www.daccaa.org

Mountain Club, Ltd.
303-838-5072

Narcotics Anonymous
303-832-3784
www.nacolorado.org

Alphabetical listing of all organizations begins on page 29.

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BY CATEGORY RESOURCE LIST

Quit Smoking Line 800-639-7848

Adoption

Adoption Choices
303-670-4401
<http://www.adoptionchoices.org/>

Catholic Charities
Denver 303-742-0828
www.ccdenver.org
Park County 719-636-2345
<http://ccharitiescs.org/>

Lutheran Family Services of Colorado
800-579-9496
Metro Denver 303-922-3433
www.lfsc.org

Animal Assistance & Services

Evergreen Animal Protective League
303-674-6442
www.eapl.com

Horse Food Bank
303-670-6762
www.horsefoodbank.org.

Intermountain Humane Society
303-838-2668
www.imhs.org

Table Mountain Animal Shelter
303-278-7575; 720-407-5215
<http://tablemountainanimals.org>

Children (Infant-Youth) Services

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BY CATEGORY RESOURCE LIST

Bright Beginnings Jefferson & Clear Creek Counties (child development)
303-321-1214
www.brightbeginningsco.org

Bright Beginnings - Park County (child development)
970-262-3888
www.brightbeginningsco.org

Child Care Innovations - Park & Jefferson County
(877) 338-2273
www.rccc.edu/childcareinnovations

Colorado Preschool Program
Platte Canyon (303) 838-4888 Ext 1251, Jefferson County 303-838-5820
Clear Creek 303-567-4431
www.cde.state.co.us/cpp/

Drive Smart (car seats)
303-674-9683
<http://www.drivesmarte-c.org>

Evergreen Christian Outreach - ECHO
303-670-1796
www.evergreenchristianoutreach.org

Jefferson County Head Start
303-271-4690
www.co.jefferson.co.us/hs/index.htm

Jeffco Action Center
(303) 237-7704
www.jeffcoac.org

LaLeche
303-816-0039
<http://www.llusa.org/COWY/ConiferEvergreenCO.html>

Mary's Choice (teen pregnancy)
303-838-1058

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BY CATEGORY RESOURCE LIST

Mountain Area Pregnancy Center
303-674-5881
www.mapc.us

National Center for Missing and Exploited Children
800-843-5678

National Child Safety Council
800-327-5107
Mon-Fri 7 a.m.-5:30 p.m. Eastern Time

Park County Early Intervention Colorado
The Resource Exchange (child care assistance)
303-816-0011
www.eicolorado.org

Park County Human Services
719-836-4139

Clothing

Evergreen Christian Outreach - ECHO
303-670-1796
www.evergreenchristianoutreach.org

Jeffco Action Center
(303) 237-7704
www.jeffcoac.org

Mountain Resource Center
303-838-7552
www.mountainresourcecenter.org

Salvation Army
Conifer 303-838-9265
Denver 303-295-3366
Evergreen 303-697-4175
www.salvationarmyusa.org

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BY CATEGORY RESOURCE LIST

Debt Counseling/Financial Counseling

Consumer Credit Counseling
Info 303-632-2227 OR 1-866-889-9347

Debtors Anonymous
800-421-2383
<http://www.debtorsanonymous.org/>

Dental Services

Colorado Foundation of Dentistry for the Handicapped
303-534-5360
www.nfdh.org

Medicaid Dentists in Colorado
303-692-2470

Medicaid Dentists in Colorado from birth to age 21
303-436-8900

Mountain Resource Center
303-838-7552
www.mountainresourcecenter.org

University of Colorado Dental School
720-848-0000/303-724-6900
www.uchsc.edu/sod

Disability Services

Agency for Human Rights and Community Relations
720-913-8450
www.denvergov.org/HumanRights

ARC - Advocates for People with Disabilities
1-800-333-7690 statewide

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BY CATEGORY RESOURCE LIST

Jeffco & Clear Creek - 303-232-1338
Park County - 719-471-4800
www.thearcofco.org

Cerebral Palsy Association (Park Co.)
719 638-0808
www.cpappr.org

Disability Advocates of America
866-215-5406
www.disability-advocate.com

Disability Center for Independent Living
303-320-1345
www.dcilwebsite.org

Easter Seals Colorado
303-233-1666
www.co.easterseals.com

Easter Seals Stroke Day Program
303-274-5415
www.co.easterseals.com

Epilepsy Foundation
303-377-9774
www.epilepsycolorado.org

Lutheran Family Services of Colorado
800-579-9496
Metro Denver 303-922-3433
www.lfscolorado.org

Mile Hi Down Syndrome Association
303-797-1699
www.mhdsa.org

The Resource Exchange
303-816-0605

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Disaster Assistance

American Red Cross
Mile Hi Chapter (303) 722-7474
www.denver-redcross.org
Pikes Peak Chapter (Park Co.) 719-632-3563

Salvation Army
Conifer 303-838-9285
Denver 303-295-3366
Evergreen 303-697-4175
www.salvationarmyusa.org

Domestic Violence

See abuse

Drug Abuse

See addiction

Eating Disorders

See addiction

Employment Assistance

Center for Work Education & Employment
303-892-8444
www.cwee.org

Clear Creek Community Resource Center
303-567-3121

CWEE - Employment & Education for single mothers
303-892-8444
<http://www.cwee.org>

Jefferson Center for Mental Health ROAD for adolescents
303- 982-6755

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BY CATEGORY RESOURCE LIST

Jefferson County Workforce Center
202-271-4700, TTY/TDD 1-800-659-3656
<http://www.jeffcoworkforce.org/>

Mountain Resource Center
303-838-7552
www.mountainresourcecenter.org

Stride - Jefferson County
303-238-3580
www.stride-co-org.com

YEP / Clear Creek County Youth Services
Employment assistance for teens
303-679-2300 ext 576
www.co.clear-creek.co.us/Depts/Youth_Sev/YEP_Trips.htm

Family Support Services

Agency for Human Rights and Community Relations
720-913-8450
www.denvergov.org/HumanRights

Angels Unaware
303-420-6370
www.AngelsUnaware.net

Asian Pacific Development Center
303-393-0304
Colorado Springs (Park Co.)
719-533-1301
<http://www.apdc.org/services.html>

Catholic Charities - Denver
303-742-0828
www.ccdenver.org
Park County
719-636-2345
<http://ccharitiescs.org/>

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BY CATEGORY RESOURCE LIST

Clear Creek Community Resource Center
303-567-3121

Evergreen Christian Outreach - ECHO
303-670-1796
www.evergreenchristianoutreach.org

Friends of Man
303-798-2342
www.friendsofman.org

Jeffco Action Center
(303) 237-7704
www.jeffcoac.org

Jefferson County Children, Youth and Families Services
303-271-4015
www.co.jefferson.co.us/hs/index.htm

Jefferson County Human Services
303-271-1388
www.co.jefferson.co.us/hs/index.htm

Jefferson County Head Start
303-271-4690
www.co.jefferson.co.us/hs/index.htm

Mile Hi Down Syndrome Association
303-797-1699
www.mhdsa.org

Mile High United Way
211 (can be accessed nationwide)

Native American Community: Denver Indian Center, Inc.
303-936-2688

Park County Human Services
719-836-4139

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Safe House Denver, Inc.
Crisis Hotline 303-318-9989, non crisis 303-830-1276
<http://safehouse-denver.org>

Salvation Army
Conifer 303-697-0960
Denver 303-295-3366
Evergreen 303-697-4175
www.salvationarmyusa.org

Social Security
800-722-1213
www.ssa.gov

The Resource Exchange
303-816-0605

WIC (Women, Infants and Children Nutrition Services)
303-567-3144
Idaho Springs 303-816-5974

Financial Needs/Financial Aid

Consumer Credit Counseling
Info 303-632-2227 OR 1-866-889-9347

Evergreen Scholarship/Bootstraps, Inc.
303-838-7082 for students only
<http://www.evergreenbootstraps.org/>

Jeffco Action Center
(303) 237-7704
www.jeffcoac.org

Food

Catholic Charities
Denver 303-742-0828

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BY CATEGORY RESOURCE LIST

www.ccdenver.org
Park County 719-636-2345
<http://ccharitiescs.org/>

Evergreen Christian Outreach - ECHO
303-670-1796
www.evergreenchristianoutreach.org

Food Bank of the Rockies
303-838-2161
www.foodbankrockies.org

Harris Park Bible Church
303-838-1869

Loaves and Fishes Food Bank
303-567-4450
www.rocklandcc.org/Ministries/Min_MissOutreach.htm

Meals on Wheels - Seniors
303-674-2843

Mountain Resource Center
303-838-7552
www.mountainresourcecenter.org

Native American Community: Denver Indian Center, Inc.
303-936-2688

Salvation Army
Conifer 303-838-9265
Denver 303-295-3366
Evergreen 303-697-4175
www.salvationarmyusa.org

Share Colorado (Catholic Charities)
303-674-8314 Idaho Springs
303-428-0400 Denver

WIC (Women, Infants and Children Nutrition Services)

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303-567-3144
Idaho Springs 303-816-5974

Gay, Lesbian, Bisexual, Transgender Services

Agency for Human Rights and Community Relations
720-913-8450
www.denvergov.org/HumanRights

Angels Unaware
303-420-6370
www.AngelsUnaware.net

Colorado AIDS Project
303-837-0166
www.coloradoaidsproject.org

Suicide prevention
866-4UTrevor or (866) 488-7386

The (GLBT) Center
303-733-7743
Youth Crisis Line 303-852-5094 or 1-888-557-4441
For Youth non crisis, Rainbow Alley 303-831-0042
www.glbtcolorado.org

Safe House Denver, Inc.
Crisis 303-318-9989, non crisis 303-830-1276
<http://safehouse-denver.org>

Grief Counseling

Camp Comfort/ Mt. Evans Hospice
303-674-6400
www.mtevans.org

Health/Health Services (Adult – Children)

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BY CATEGORY RESOURCE LIST

Angels Unaware
303-420-6370
www.AngelsUnaware.net

Brain Injury Association of Colorado
303-355-9969
www.biacolorado.org

CHP+ Colorado Health Plan Plus
Clear Creek Public Health Dept.
303-567-3147
Mountain Resource Center (mtn. area)
303-838-7552
Park County Public Health
303-816-5970

Clear Creek County Public Health Nurse
303-567-3147

Clear Creek Community Resource Center
303-567-3121

Colorado AIDS Project
303-837-0166
www.coloradoaidsproject.org

Colorado Women's Wellness Connection
303-692-2581
www.womenswellnessconnection.org

Evergreen Christian Outreach – ECHO – prescription assistance
303-670-1796
www.evergreenchristianoutreach.org

Friends of Man
303-798-2342
www.friendsofman.org

Jeffco Action Center – prescription assistance
(303) 237-7704

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BY CATEGORY RESOURCE LIST

www.jeffcoac.org

La Clinica Tepeyac
303-458-5302

Mary's Choice
303-838-1058

Mile Hi Down Syndrome Association
303-797-1699
www.mhdsa.org

Mountain Resource Center
303-838-7552
www.mountainresourcecenter.org

Park County Public Health
303-816-5970

Planned Parenthood of the Rocky Mountains
303-988-3821
<http://www.plannedparenthood.org/health-center/centerDetails.asp?f=2483&a=90210&v=details>

Second Wind Fund, Inc. (suicide)
303-988-2645
www.thesecondwindfund.org

Social Security
800-722-1213
www.ssa.gov

State Children's Health Insurance Program
1-877-543-7669
www.cms.hhs.gov/home/schip.asp

WIC (Women, Infants and Children Nutrition Services)
303-567-3144
Idaho Springs 303-816-5974

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BY CATEGORY RESOURCE LIST

Hearing

See Vision/Hearing/Speech

Homeless Services

Catholic Charities

Denver 303-742-0828

www.ccdenver.org

Park County 719-636-2345

<http://ccharitiescs.org/>

Colorado Coalition for the Homeless

303-293-2217

Colorado Homeless Families

303-420-6634

<http://chfrb.org>

Community Housing Services, Inc.

303-831-1750

www.chsico.org

Family Tree

Women in Crisis Safe Shelter 303-420-6752

www.thefamilytree.org/en/domestic-violence-services

Gemini Adolescent Treatment Center

303- 235-0630

Family Tree

www.thefamilytree.org/en/childrens-services

Jeffco Action Center

720-407-6670 Shelter

303-237-7704 Assistance

www.jeffcoac.org

Safe House Denver, Inc.

Crisis 303-318-9989, non crisis 303-830-1276

<http://safehouse-denver.org>

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BY CATEGORY RESOURCE LIST

Stride-Jefferson County
303-238-3580
www.stride-co-org.com

Homicide

Colorado State Patrol
303-239-4501
<http://csp.state.co.us/>

Families of Homicide Victims and Missing Persons, Inc.
303-838-1337
<http://www.unresolvedhomicides.org>

Second Wind Fund, Inc. (suicide)
303-988-2645
www.thesecondwindfund.org

Household Goods/Furniture

Jeffco Action Center
(303) 237-7704
www.jeffcoac.org

Mary's Choice
303-838-1058

Mountain Resource Center
303-838-7552
www.mountainresourcecenter.org

Housing/Shelter

Evergreen Christian Outreach - ECHO
303-670-1796
www.evergreenchristianoutreach.org

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Jeffco Action Center
(303) 237-7704
www.jeffcoac.org

Mile High United Way
211

Salvation Army
Conifer 303-838-9285
Denver 303-295-3366
Evergreen 303-697-4175
www.salvationarmyusa.org

Stride - Jefferson County
303-238-3580
www.stride-co-org.com

Family Tree
Women in Crisis Safe Shelter
303-467-2606
www.thefamilytree.org/en/domestic-violence-services

Legal Services

American Civil Liberties Union
303-777-5482
www.aclu-co.org

Anti-Defamation League
303-830-7177
www.adl.org/denver

ARC - Advocates for People with Disabilities
1-800-333-7690 statewide
Jeffco & Clear Creek - 303-232-1338
Park County - 719-471-4800
www.thearcofco.org

Catholic Immigration Services

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BY CATEGORY RESOURCE LIST

303-742-4971
www.uscis.gov

Colorado Civil Rights Division
303-894-2997

Colorado Legal Services - Denver
Denver 303-837-1321
Colorado Springs 719-539-4251
www.coloradolegalservices.org

Colorado Court Appointed Special
Advocates, Inc. (CASA)
303-623-5380
www.coloradocasa.org
Jefferson & Gilpin Counties 303-271-6335
Park County 719-447-9898

Community Housing Services - Denver
303-831-1750
www.chsico.org

El Centro de San Juan Diego
303-295-9470

Family Tree
303-271-6559
www.thefamilytree.org

The Legal Center for People with
Disabilities and Older People
970-241-6371 or 800-531-2105

Lutheran Family Services of Colorado
800-579-9496
Metro Denver 303-922-3433
www.lfsc.org

Mental Health Services

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Asian Pacific Development Center
303-393-0304
Colorado Springs (Park Co.)
719-533-1301
<http://www.apdc.org/services.html>

Clear Creek County Advocates
303-679-2426
www.co.clear-creek.co.us/advocates/

Jefferson Center for Mental Health
303-425-0300
<http://www.jeffersonmentalhealth.org/index.cfm> or www.JCMH.org

Jefferson Center for Mental Health ROAD for adolescents
303-982-6755

Mountain Resource Center
303-838-7552
www.mountainresourcecenter.org

Pregnancy

Bridgeway Home for Pregnant Teenagers
303-969-0515
www.bridgewayhomes.org

Catholic Charities
Denver 303-742-0828
www.ccdenver.org
Park County 719-636-2345
<http://ccharitiescs.org/>

LaLeche
303-816-0039 or 303-495-3643
<http://www.illusa.org/COWY/ConiferEvergreenCO.html>

Lutheran Family Services of Colorado

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800-579-9496
Metro Denver 303-922-3433
www.lfsc.org

Mary's Choice/Youth Services/Unplanned Pregnancies
303-838-1058
<http://www.tmbf.org/maryschoice/>

Mountain Area Pregnancy Center
303-674-5881
www.mapc.us

Planned Parenthood
303-988-3821 (Lakewood) or 303-798-0963 (Littleton)
www.plannedparenthood.org

Seniors

Agency for Human Rights and Community Relations
720-913-8450
www.denvergov.org/HumanRights

Eldercare Locator
1-800-677-1116
www.eldercare.org

Friends of Man
303-798-2342
www.friendsofman.org

The Legal Center for People with Disabilities and Older People
970-241-6371 or 800-531-2105

Lutheran Family Services of Colorado
800-579-9496
Metro Denver 303-922-3433
www.lfsc.org

Mt. Evans Hospice & Homecare

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BY CATEGORY RESOURCE LIST

303-674-6400
www.mtevans.org

Park County Senior Coalition
719-836-4295

Salvation Army
Conifer 303-838-9265
Denver 303-295-3366
Evergreen 303-697-4175
www.salvationarmyusa.org

Share Colorado (Catholic Charities)
303-567-2382

Senior Eyecare Program
800-222-3937

Seniors! Inc.
303-300-6900

Senior Ride (RTD)
303-299-6503

Senior Resource Center
303-674-2843
www.srcaging.org/evergreen#

Veteran's Benefits and Information
303-838-7552

Speech Therapy
see Vision/Hearing/Speech

Transportation

Access A Ride
303-299-2960
<http://www.rtd-denver.com/accessARide.shtml>

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Jeffco Action Center
(303) 237-7704
www.jeffcoac.org

Jefferson County/Seniors' Resource Center
303-674-2843

Mt. Evans Hospice & Homecare
303-674-6400
www.mtevans.org

RTD Bus Schedule
303-299-6000, TDD 303-299-6069

Utilities

Evergreen Christian Outreach – ECHO - assistance
303-670-1796
www.evergreenchristianoutreach.org

Friendship Baptist Church - assistance
303-838-4130

Jeffco Action Center
(303) 237-7704
www.jeffcoac.org

LEAP
To Apply thru MRC 303-838-7552

LEAP Clear Creek County
303-567-3133

LEAP Jefferson County
1-866-432-8435

LEAP Park County
1-719-836-4144

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Lifeline and Link-Up America (telephone)
1-800-782-0721
www.lifeline.gov

Northwest Council of Governments Weatherization Program Park and
Clear Creek Counties
1-800-332-3669 ext. 103
www.nwc.cog.co.us

Weatherization: Sun Power
303-382-1514

Veterans Services

American Legion Post 2001 of Evergreen
303-670-8935
www.legionpost2001.org
Post 2527 of Bailey
303-838-2698

American Red Cross - Mile Hi Chapter
(303) 722-7474
<http://www.coloradoredcross.org/index.asp?IDCapitulo=Q4Q26NY21N>

Clear Creek County Veteran's Rep
303-569-2239

Jefferson County Veteran's Rep
303-271-4205

Operation Silver Spurs
303-332-9230
www.operationsilverspurs.org

Salvation Army
Conifer 303-838-9265
Denver 303-295-3366
Evergreen 303-697-4175

Alphabetical listing of all organizations begins on page 29.

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BY CATEGORY RESOURCE LIST

www.salvationarmyusa.org

Veteran's Benefits and Information
303-838-7552

VFW - Bailey
719-836-7049 Dave Marlin
www.vfw.org

VFW - Idaho Springs
303-567-4366 Gene Eddy
www.vfw.org

VFW Conifer
303-960-9226 Kenny Cressler
www.vfw.org

Victim's Assistance

Clear Creek County Advocates
303-679-2426
www.co.clear-creek.co.us/advocates/

The Denver Center for Crime Victims 303-860-0660
24-hr hotline English 303-894-8000 24-hr hotline Spanish 303-718-8289
24-hr hotline – TTY for hearing or speech impaired 303-860-9555

Jefferson County Victim's Assistance
303-271-5339

Park County Victim's Services
Crisis 719-836-4441
Non crisis 303-816-5912

Vision / Hearing/Speech

Center for Hearing, Speech and Language
303-322-1871
www.chsl.org

Alphabetical listing of all organizations begins on page 29.

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BY CATEGORY RESOURCE LIST

Eyecare America Program
877-887-6327 weekdays, 8 am - noon, Pacific Time 800-391-3937
Helpline 24/7
www.eyecareamerica.org

Lions Club of Conifer
303-838-7233
www.denverlions.org

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ALPHABETICAL RESOURCE LIST

Access-A-Ride (RTD)

303-299-2960

<http://www.rtd-denver.com/accessARide.shtml>

Provides transportation to passengers with disabilities who are unable to use Denver's Regional Transportation District's regular lift-equipped fixed route bus service and who qualify for certification under the eligibility guidelines established by the Americans with Disabilities Act (ADA) of 1990.

Adoption Choices

303-670-4401

35715 US Highway 40, Suite 105-D
Evergreen, CO 80439
www.adoptionchoices.org

Offers assistance for girls or women experiencing an unplanned pregnancy and do not feel they are ready to parent. Services include living expenses, medical care, counseling, legal assistance for birth mother, as well as services for families wishing to adopt.

Agency for Human Rights and Community Relations

720-913-8450

201 W. Colfax Avenue, Dept. 1102
Denver, Colorado 80202
www.denvergov.org/HumanRights

Promotes equal opportunity and protects the rights of older adults, racial, ethnic and religious minorities, women, people with disabilities, gays, lesbians, bisexuals and transgendered people, and Immigrants and refugees.

Al-Anon/Alateen

303-321-8788

www.al-anon-co.org

A 12-step support group and recovery program for anyone whose life has been affected by someone else's drinking. Meetings listed on the website by town or zip code. Alateen groups are designed especially for adolescents affected by the drinking of their parents, caregivers, or other loved ones.

Help Guide

ALPHABETICAL RESOURCE LIST

Alcoholics Anonymous

Mountain Area

303-322-4440

www.daacaa.org

A 12-step recovery support organization dedicated to helping people recover from alcoholism. The only requirement for membership is the desire to stop drinking. Website gives all meeting information, with maps. Special Womens-Only group in mountain area.

AMEND, Inc.

Crisis lines

720-314-3730

720-314-3732

Jefferson County

303-987-3444

www.amendinc.org

Works to end domestic violence by providing counseling to men who have been abusive, advocacy and support to their partners and children, and education to the community. Offers special programs for adolescent offenders.

American Civil Liberties Union

303-777-5482

400 Corona Street

Denver, CO 80218-3915

www.aclu-co.org

Provides free legal counsel and representation regarding civil rights, civil liberties, and Constitutional law. Assistance in Spanish is available.

American Legion

Post 2001 of Evergreen

303-670-8935

P.O. Box 82

303-674-5443

Evergreen, CO 80437

www.legionpost2001.org

Post 2527 of Bailey

303-838-2698

P.O. Box 1291

Help Guide

ALPHABETICAL RESOURCE LIST

Bailey , CO 80421

Provides resources and support for veterans and active duty military families, widows and children. Offers food, clothing, and other emergency assistance to fellow service members, veterans and families of military members.

American Red Cross

www.redcross.org

Mile Hi Chapter (Jefferson, Clear Creek) 303-722-7474

444 Sherman St.

Denver, CO

www.denver-redcross.org

Pikes Peak Chapter (Park Co.) 719-632-3563

1040 S. 8th Street

Colorado Springs, CO 80905

www.pparc.org/index.html

Emergency call to military member 800-417-0495

Provides critical support for individuals, families, and communities before, during and after an emergency or disaster. Services include financial assistance, hotel vouchers, clothing, food and other assistance to families; emergency shelters, food, and disaster response services for communities; food and water for first responders before, during and after disasters; and emergency assistance to families of military members, including emergency communications to military personnel stationed anywhere in the world.

Angels Unaware

303-420-6370

6370 Union Street

Arvada, CO 80004

www.AngelsUnaware.net

Provides support and encouragement for children living with HIV/AIDS and their families. Emergency services include assistance with basic living and medical supplies for people diagnosed with HIV/AIDS and their families.

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ALPHABETICAL RESOURCE LIST

Anti-Defamation League

303-830-7177

1120 Lincoln Street, Suite 1301
Denver, CO 80203
www.adl.org/denver

Free advocacy services to counter anti-Semitism, bigotry and prejudice. Services include informal intervention in disputes involving issues of discrimination and/or religious liberty and a list of lawyers who have offered to provide advice or representation on a private basis.

ARC

Jeffco and Clear Creek Counties

303-232-1338

8725 W. 14th Ave., Suite 100
Lakewood, CO 80215

Park County

719-471-4800

12 N. Meade Ave.
Colorado Springs, CO 80918
www.thearcofco.org

Advocacy, resources and support for people with intellectual and developmental disabilities. Connects clients to community and governmental services, including emergency assistance, clothing, food and other resources.

Asian Pacific Development Center

303-393-0304

1825 York Street
Denver, CO 80206

Colorado Springs (Park Co.)

719-533-1301

6055 Lehman Drive, Suite 103
Colorado Springs, CO 80918
<http://www.apdc.org/services.html>

Emergency services include culturally-proficient mental health services, victim assistance, child well-being services, youth support services, health outreach and education targeting cervical and breast cancer, hepatitis B and tobacco use, and other services for the Asian American/Pacific Islander community.

Help Guide

ALPHABETICAL RESOURCE LIST

Brain Injury Association of Colorado **303-355-9969**

4200 West Conejos Place #524
Denver, CO 80204
www.biacolorado.org

Works to improve the quality of life for people with brain injuries, to provide support programs for their families, and to prevent brain injuries. Emergency services include housing assistance and advocacy for people who have sustained brain injuries.

Bridgeway Home for Pregnant Teenagers **303-969-0515**

85 S. Union Boulevard - Suite 204
Lakewood, CO 80228
www.bridgewayhomes.org

Emergency services include shelter, food, clothes, counseling, and assistance with adoption options for pregnant and parenting teenagers.

Bright Beginnings

Jeffco and Clear Creek Counties

303-321-1214

Park County

970-262-3888

www.brightbeginnings.org

Helps families support their children's physical, emotional, and intellectual development during the critical first three years of life. Provides gift bags containing diapers and other needed products and information for infants and new mothers. Emergency services include information and referral support for parents to make the best decisions for their child's development.

Camp Comfort of Mt. Evans Hospice **303-674-6400**

3081 Bergen Peak Drive
Evergreen, CO 80439
www.mtevans.org

A weekend bereavement camp for children ages 6-12 yrs who have lost a family member or friend. Offered twice each summer.

Catholic Charities (see also SHARE Colorado)

Help Guide

ALPHABETICAL RESOURCE LIST

Denver

303-742-0828

4045 Pecos Street
Denver, Colorado 80211
www.ccdenver.org

Park County

719-636-2345

Marian House Life Support
228 N. Cascade Ave
Colorado Springs, CO 80903

Offers a broad array of emergency services for individuals, families and communities. Emergency services include homeless shelters, food, clothing, unplanned pregnancy counseling, adoption and birth parenting assistance, post-abortion support, child care and Head Start programs, crisis counseling, emergency financial assistance, foster care programs, farm labor housing, immigration services, kinship care services, pregnancy counseling and youth services.

Catholic Immigration Services

303-742-4971

2525 W. Alameda Ave.
Denver, CO 80219
www.uscis.gov

Provides services for adjustments of status, registry, naturalization, visa processing, cancellation of removal, waivers, court representation, appeals, translation of and documents/photographs. Assistance in Spanish is available.

Center for Hearing, Speech & Language

303-322-1871

4280 Hale Parkway
Denver, CO 80220
www.chsl.org

Provides hearing and speech services for people of all ages. Services include hearing, speech and language screenings, therapies, and a hearing aid bank for seniors in need. Financial assistance provided to low income, disabled, at risk, uninsured and underserved children and adults.

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ALPHABETICAL RESOURCE LIST

Center for Work Education & Employment 303-892-8444

1175 Osage Street, Suite 300

Denver, CO 80204

www.cwee.org

Provides individualized job training services to help low-income individuals, single parents, and families prepare for, find, and keep sustainable employment. Services include GED classes, Basic Skills refresher courses, job readiness classes, family budgeting, computer software classes, customer service workshop, job search preparation, resume and interviewing skills assistance, job fairs, referrals to local employers, group support, and access to donated professional clothing.

Cerebral Palsy Association of Co. Springs 719 638-0808

1322 N. Academy Blvd

Suite 115

Colorado Springs, CO 80909

www.cpappr.org

Assists individuals who have Cerebral Palsy and related neuromuscular disabilities. Emergency services include financial aid, assistance with purchases of equipment and orthotic appliances, medical expenses and emergency situations, equipment loans, therapies, family support, resources and referrals.

Child Care Innovations

877-338-2273

13300 W. 6th Ave.

PO Box 22B

Lakewood, CO 80228

www.rccc.edu/childcareinnovations

Serves Jefferson, Park and Clear Creek counties. Formerly known as Family Resources and Child Care Education (FRCCE), CCI offers emergency financial assistance for child care to low-income families or those needing child care in urgent situations. Internet site provides comprehensive resource list for parents of young children.

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ALPHABETICAL RESOURCE LIST

Child Health Plan Plus (CHP+)

www.cchp.org

Clear Creek Public Health Dept.

303-567-3147

1531 Colorado Blvd.

PO Box 3669

Idaho Springs, CO 80452

Mountain Resource Center (mtn. area)

303-838-7552

11030 Kitty Drive

P.O. Box 425

Conifer, CO 80433

Park Co.

303-816-5970

824 Castello St

Provides public health insurance for children and pregnant women who earn too much to qualify for Medicaid, but cannot afford private health insurance.

Clear Creek County Advocates

24 hour hot line

303-679-2426

P.O. Box 21

Georgetown, CO 80444

www.co.clear-creek.co.us/advocates

Services and resources for women, men and children who are victims of all crimes in Clear Creek County, particularly those experiencing domestic violence, sexual assault and other violent crimes. Advocates on call 24 hours a day, 7 days a week and can be accessed by calling the Sheriff's office dispatch center or the 24 hour hotline. Services include emergency shelter, food, furniture, appliances, referrals, and resources.

Clear Creek Community Resource Center 303-567-3121

1531 Colorado Blvd.

P.O. Box 3669

Idaho Springs, CO 80452

Houses Clear Creek County Human Services, the Clear Creek County Workforce Center, Jefferson Center for Mental Health, and the Clear Creek Co. Dept of Health described in other sections.

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ALPHABETICAL RESOURCE LIST

Clear Creek County Human Services **303-679-2365**

405 Argentine St.
Georgetown, CO 80444

Provides a broad range of human services and emergency assistance, including adult and child protection investigations, child care assistance, food assistance, Low Income Energy Assistance, Medicaid and CHP Plus, Medicare Supplements, Old Age Pension, Temporary Assistance for Needy Families, adoption services, and out-of-home placements. Also helps finance services for families, including therapy, drug and alcohol evaluations, psychological evaluations, and parenting classes.

Clear Creek County Public Health Nurse **303-567-3147**

1531 Colorado Blvd.
Idaho Springs, CO 80452

Offers health screenings, free pregnancy tests, prenatal care, home visitation, Medicaid, adult and child health services, geriatric assessments, WIC (Women, Infants and Children) services, nutrition counseling, immunizations and information & referrals. Children's car seats available on a sliding fee schedule.

Clear Creek County Veteran Services

(Gene Eddy)

303-567-4366

Provides assistance with health benefits, pension compensation, death benefits, G.I. bill, and gravestones.

Colorado AIDS Project

303-837-0166

2490 W. 26th Ave.
Denver, CO 80211
www.coloradoaidsproject.org

Emergency services include case management, mental health and substance abuse counseling, housing assistance, transportation, food bank, employment, and financial assistance.

Colorado Civil Rights Division

303-894-2997

Help Guide

ALPHABETICAL RESOURCE LIST

1560 Broadway, Suite 1050
Denver, CO 80202-5143

Administers and enforces Colorado's civil rights laws in employment, housing, and public accommodations which prohibit discrimination in employment, housing, and public accommodations based on race, sex, sexual orientation, national origin, ancestry, disability, creed, color, marital status (housing and public accommodations), and familial status (housing only). Most services are free.

Colorado Coalition for the Homeless **303-293-2217**
2111 Champa Street
Denver, Colorado 80205

Provides housing, healthcare and support services for persons experiencing homelessness. Services include Permanent Affordable Housing project, healthcare services through the Stout Street Clinic, street outreach, rental assistance, benefits acquisition, employment counseling and child care.

**Colorado Court Appointed Special
Advocates, Inc. (CASA)** **303-623-5380**
1490 Lafayette Street, Suite 207
Denver, CO 80218
www.coloradocasa.org

Jefferson & Gilpin Counties **303-271-6335**
100 Jefferson County Parkway, #2040
Golden, CO 81401

Park County **719-447-9898**
701 S. Cascade Ave.
Colorado Springs, CO 80903

Provides court-appointed volunteers to gather information in child abuse and neglect cases and speak to the court on behalf of the needs of the children.

Colorado Foundation of Dentistry for the Handicapped
An Affiliate of the National Foundation of **303-534-5360**

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ALPHABETICAL RESOURCE LIST

Dentistry for the Handicapped
1800 15th Street, Suite 100
Denver, CO 80202
www.nfdh.org

Arranges comprehensive dental treatment and long-term preventative services to needy, disabled, elderly or medically compromised individuals.

Colorado Homeless Families **303-420-6634**

P.O. Box 405
Westminster CO 80036
<http://chfrb.org>

A transitional housing program serving families with children who are homeless for the first time or low-income families who cannot afford housing. Emergency services include food, clothing and furniture banks. Families may receive services for up to 2 years.

Colorado Legal Services

Denver area **303-837-1321**

1905 Sherman, Suite 400
Denver, CO 80203

Park County **719-539-4251**

www.coloradolegalservices.org

Provides free legal services for people with low income and eligible seniors over age 60. Programs include legal advice and counseling for family law such as domestic violence, divorce, custody, and guardianship; consumer/debt problems, including bankruptcy, garnishment, collection, and repossession; housing law such as foreclosures, evictions, issues for seniors, and landlord/tenant issues; immigration and other civil issues, and problems with Social Security, Medicare, Medicaid, SSI, and other government benefits.

Colorado Preschool Program

Jefferson County **303-838-5820**

Clear Creek County **303-567-4331**

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Colorado Department of Education
201 E. Colfax
Denver, CO 80203
www.cde.state.co.us/cpp/

Assists qualified families of children ages 3-4 years old by providing free preschool within the local school district. Website includes program contacts within local school districts as well as application for free preschool qualification.

Colorado Women's Wellness Connection 303-692-2581

Colorado Department of Public Health & Environment
4300 Cherry Creek Drive South, PSD-WWC-A-5
Denver, CO 80246-1530
www.womenswellnessconnection.org

Provides free breast and cervical cancer screenings for Colorado women ages 40-64 who have limited or no health insurance to cover screenings, have not had a Pap test or mammogram in the previous 12 months and who meet income requirements.

Community Housing Services, Inc. 303-831-1750

1212 Mariposa St.
Denver, Colorado 80204
www.chsico.org

Locates, secures and maintains housing, particularly seniors and people with low income. Emergency services include housing information and referrals, landlord/tenant counseling, and housing locator services for seniors.

Consumer Credit Counseling Services 303-632-2227

A Division of Money Management International **866-889-9347**
10065 E Harvard Ave
Denver, CO 80231-5968

Debt resolution program that provides counseling for budgeting, money management and credit issues, debt management services to resolve credit problems and pay down debt,

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ALPHABETICAL RESOURCE LIST

bankruptcy counseling, financial education services, and HUD-approved counseling and education services for housing.

**Consumer Protection Division of the
Office of Attorney General** **303-866-5189**

1525 Sherman Street, 5th Floor
Denver, CO 80203

Toll-Free Phone **800-222-4444**

Offers free consumer complaint mediation and services to address deception and misrepresentation in connection with the advertisement and sale of goods and services in Colorado. In appropriate circumstances, the department will prosecute cases of willful fraud under pertinent criminal statutes.

Debtors Anonymous **800-421-2383**

<http://debtorsanonymous.org>

A 12-step support fellowship to assist people in recovery from compulsive spending and debting. The only requirement for membership is a desire to stop incurring unsecured debt.

The Denver Center for Crime Victims **303-860-0660**

24-hour hotline – English **303-894-8000**

24-hour hotline – Spanish **303-718-8289**

**24-hour hotline – TTY for hearing or
speech impaired** **303-860-9555**

Provides comprehensive services to victims of crime. Services include: Information and referral, crisis intervention, case management, trauma counseling, emergency services and financial aid, advocacy, and support groups. Specialized programs provide services to elderly or disabled victims including workshops for grandparents raising their grandchildren; children who are victims/witnesses of crime, and a Spanish Response Program for monolingual/ bilingual

Disability Advocates of America **866-215-5406**

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1035 Morning View Dr., #110
Escondido, CA 92026
<http://disability-advocate.com>

Assists disabled individuals in challenging the Social Security Administration to obtain Social Security Disability or SSI benefits to which they are entitled. No out-of-pocket fees are charged until cases are won and back payment owed to the client by Social Security is received.

Disability Center for Independent Living 303-320-1345

4821 E. 38 Avenue
Denver, CO 80207
www.dcilwebsite.org

Services include an independent living center, advocacy, self-advocacy training, peer counseling, benefits acquisition, community resource information services for individuals who are deaf or hard-of-hearing, and transition services from institutions, nursing homes and jail/prison.

Drive Smart 303-674-9683

P.O. Box 2012
Evergreen, CO 80437-2012
3560 Evergreen Pkwy, Ste. 101
Evergreen, CO 80439
www.drivesmarte-c.org

Emergency services include car-seat donations and inspections, driving school scholarships for teens, and seat belt safety programs.

Easter Seals Colorado 303-233-1666

5755 West Alameda Avenue
Lakewood, CO 80226-3500
www.co.easterseals.com

Helps children and adults with disabilities gain greater independence. Services include job training and employment

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ALPHABETICAL RESOURCE LIST

skills counseling, adult day programs, a post-polio support program, and other services.

Easter Seals Stroke Day Program **303-274-5415**

Church of The Nazarene
1755 Dover Street
Lakewood, CO 80226
www.co.easterseals.com

Provides physical, occupational and speech therapy, cognitive re-training, warm water therapy, pet-assisted activities, fitness and exercise programs, caregiver support, social work and case management services for people who have experienced debilitating strokes.

El Centro de San Juan Diego **303-295-9470**

2830 Lawrence Street
Denver, CO 80205

Offers free attorney services related to immigration, credit, housing, landlord/tenant, employment and family law. Attorneys provide referrals to appropriate agencies. Spanish interpreters available.

Epilepsy Foundation of Colorado **303-377-9774**

234 Columbine St., Ste. 333
Denver, CO 80206
www.epilepsycolorado.org

Provides services for people with epilepsy and their families, including advocacy, emergency assistance and counseling.

Evergreen Animal Protective League **303-674-6442**

PO Box 2517
Evergreen, CO 80437
www.eapl.com

Emergency services include pet rescue, foster care, and adoption services to lost, abandoned, and suffering animals.

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ALPHABETICAL RESOURCE LIST

Evergreen Christian Outreach (ECHO) 303-670-1796

P.O. Box 1515

Evergreen, CO 80437

www.evergreenchristianoutreach.org

Networks with local nonprofits to provide food, clothing, support, referrals, and limited financial assistance to any person in need.

Evergreen Public Access Defibrillation (EPAD) 303-552-4609

60 Sawmill Road

Evergreen, CO 80439

www.evergreenpad.org

Provides automated external defibrillators in public places throughout the Evergreen community to give victims of sudden cardiac arrest a better chance for survival. Website lists locations of public access defibrillators.

Evergreen Scholarship/Bootstraps, Inc. 303-838-7082

P.O. Box 253

Evergreen, CO 80437-0253

www.evergreenbootstraps.org

Provides scholarships and interest-free loans to Colorado students from the Conifer / Evergreen area, focusing on students in need of financial assistance.

Eyecare America Program 800-391-3937

American Academy of Ophthalmology

877-887-6327

P.O. Box 429098

San Francisco, CA 94142-9098

www.eyecareamerica.org

Emergency services includes advocacy and assistance for individuals needing access to medical eye care for children, seniors and others with conditions related to diabetes, glaucoma and macular degeneration. Cataract and LASIK surgery is also provided at no-cost to eligible consumers.

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ALPHABETICAL RESOURCE LIST

**Families of Homicide Victims
and Missing Persons, Inc.** **303-838-1337**

P.O. Box 145
Pine, Co 80470
www.unresolvedhomicides.org

Offers support and advocacy for families suffering from a loved one's unresolved murder or long-time, suspicious disappearance. Services include assistance in bringing family members and law enforcement officials together to discuss cases.

The Family Tree **303-271-6559**

3805 Marshall Street
Wheat Ridge, CO 80033
www.thefamilytree.org

Provides a broad range of services and shelter to families and youth of metro Denver to overcome child abuse, domestic violence and homelessness. Offers assistance for individuals to obtain civil protection orders, free clinics and referrals to pro bono attorneys, shelter for victims of domestic violence and their families,; housing and school for homeless youth, and connections to employment, housing, food, clothing, counseling, education and other resources for military families experiencing hardship.

Food Bank of the Rockies **303-371-9250**

Local Distribution Centers:

Friendship Baptist Church **303-838-4130**

1033 Rim Rock Rd
Bailey, CO 80421-2144

Shepherd of the Rockies Church **303-838-2161**

106 Rosalie Road
Bailey, Colorado 80421

Seniors Resource Center **303-674-2843**

5120 Highway 73
Evergreen, CO 80439
www.foodbankrockies.org

Help Guide

ALPHABETICAL RESOURCE LIST

Distributes food through partner agencies. Delivers food to homes for those who qualify, and sponsors Meals on Wheels for the homebound ages 60+ on a donation basis.

Friendship Baptist Church **303-838-4130**

1033 Rim Rock Rd
Bailey, CO 80421-2144

Provides a one-time only delivery of one cord of firewood for those in need of assistance to heat their home.

Friends of Man **303-798-2342**

P.O. Box 937
Littleton, CO 80160-0937
www.friendsofman.org

Helps children, families, the elderly, disabled persons and others with food, clothing, daycare, medical bills, dentistry, eyeglasses, medication, hearing aids, wheelchairs, leg braces, prostheses, and therapy. Services do not include late payment bills, utilities, or rent. A daycare assistance program provides interim daycare for parents in urgent need.

The Gemini Adolescent Treatment Center **303-235-0630**

Family Tree
1629 Simms Street
Lakewood, CO 80215
www.thefamilytree.org/en/childrens-services/95

An adolescent center that offers emergency shelter, counseling, education, 24-hour referral line, an on-site state-certified school, individual and group counseling, a day treatment program, parenting classes, and street outreach to homeless and runaway youth. Youth ages 11 to 17 who cannot live at home because of unsafe situations are eligible to stay at Gemini for up to 90 days.

The GLBT Center **303-733-7743**
(Gay, Lesbian, Bisexual, Transgender)

Toll Free Crisis **1-888-557-4441**

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ALPHABETICAL RESOURCE LIST

1050 Broadway
Denver, Co 80203
P.O. Box 9798 Denver, CO 80209
www.glbtcOLORADO.org

Rainbow Alley

303-831-0042

Youth Crisis Pager

303-852-5094

Provides crisis intervention, legal, health and advocacy services for the gay lesbian, bisexual, and transgender community and those living with HIV/AIDS. Services include a free medical clinic, crisis intervention, support and recovery groups, health education and health services including Hepatitis vaccinations, counseling and referrals, civil rights advocacy, education, legal assistance and advocacy, mental health treatment, medical referral services, social activities, emergency referrals, and social and support activities. Youth services include a resource center, suicide prevention services and counseling.

Harris Park Bible Church

303-838-1869

2257 Shelton Drive
Bailey, CO 80421

Provides crisis assistance and other help for residents of the Harris Park, Bailey and Pine Junction area.

Horse Food Bank

303-670-6762

5178 S. Elk Ridge Road
Evergreen, CO 80439
www.horsefoodbank.org

A subsidiary of the Horse Care Program developed to keep people and their horses together by providing food grants and locating facilities that can provide interim assistance for food purchases during economic crises.

Intermountain Humane Society

303-838-2668

67318 US Hwy 285, Unit 1-B
Pine, CO 80470
www.imhs.org

Help Guide

ALPHABETICAL RESOURCE LIST

Provides shelter and programs for lost, found and homeless animals. Pet adoption services for cats and dogs. Healthy, adoptable animals are never euthanized (killed). Provides testing for Feline Leukemia Virus and FIV (HIV-like cat viruses) and under certain conditions, provides sterilization of feral cats

Jeffco Action Center

303-237-7704

8755 West 14th Ave
Lakewood, CO
P.O. Box 150609
Lakewood, CO 80215
www.jeffcoac.org

Provides an immediate response for basic human needs for Jefferson County residents and the homeless. Emergency services include a homeless shelter, financial assistance for rent and homelessness prevention, utilities, and prescriptions, food bank, clothing bank, senior food commodities, household and person care items, utility and rental assistance, bus tokens, medical and health care assistance, tenant/landlord counseling, school supplies, holiday food and Santa Shop, Colorado photo identification and birth certificate assistance, and education for clients to connect them to services that are designed to help them break the cycle of poverty while becoming self-sufficient.

Jeffco Action Center Clothing Bank

303-237-7704

8755 West 14th Ave
Lakewood, CO
P.O. Box 150609
Lakewood, CO 80215
www.jeffcoac.org

Provides new and used clothing for men, women, children and infants. Clients may "shop" every 30 days for their entire household and choose up to 15 articles of clothing each visit for a total of 60 items per family. The Clothing Bank offers a variety of clothing, including shoes, new underwear and work attire.

Jeffco Action Center Food Bank

303-237-7704

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8755 West 14th Ave
Lakewood, CO
P.O. Box 150609
Lakewood, CO 80215
www.jeffcoac.org

Provides a five-day supply of food to a household up to six times annually. Seniors can receive a special food box once per month. J.A.C. is a distribution center for Food Bank of the Rockies. Seniors must register and have eligibility confirmed.

Jeffco Action Center Homeless Shelter 720-407-6670

8755 West 14th Ave
Lakewood, CO
P.O. Box 150609
Lakewood, CO 80215
www.jeffcoac.org/Int/services-shelter.html

An emergency shelter program for men, women, and children in single, couple, or family units. Families and couples can stay together in specially-designated rooms. Clients have access to services at Jeffco Action Center's main facility. Clients must phone 720-407-6670 daily to see if there are any rooms available in the shelter program. Due to the number of calls daily, messages can not be returned for shelter availability and rooms can not be promised to anyone.

Jeffco Action Center Homelessness 303-237-7704 **Prevention Program**

8755 West 14th Ave
P.O. Box 150609
Lakewood, CO 80215
www.jeffcoac.org

Provides financial assistance for families eligible for assistance from Temporary Assistance for Needy Families (TANF). TANF families are those with a child under 18 living at home and meet certain income requirements. Clients may receive one-time rental assistance and one-time utility assistance from the Action Center

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in order to prevent being evicted from their dwellings. This program is limited in funding and not offered every day.

Jefferson Center for Mental Health **303-425-0300**

9808 W Cedar Ave
Lakewood, CO 80226
www.jeffersonmentalhealth.org

Services on a sliding fee scale include psychological evaluation and medication monitoring, clinical assessment and case management, psychotherapy, play therapy, violence and disaster recovery for individuals and families, suicide prevention and intervention, trauma recovery counseling, respite support for parents of children ages 5-17 with severe mental illness, emergency and crisis counseling services, juvenile justice programs, the ROAD drop-in center for teens, help for victims of identity theft and fraud, vocational assistance, services for people with mental illness re-entering the job force or involved in the justice system, parenting programs, alcohol and drug abuse educational classes, smoking cessation classes, and special mental health services for seniors

Jefferson Center for Mental Health ROAD **303- 982-6755**

Brady Exploration School
5220 W. Ohio
Lakewood, CO80226

A safe, drug-free drop-in resource center for young adults (15-22) who live in Jefferson, Gilpin or Clear Creek counties. Offers activities and a wide array of services that help young adults achieve success and independence. All programs and services are at no cost to youth. Services include job preparation and job search assistance, GED tutoring, Street Smarts (Drug & Alcohol Workshop), peer tutoring and mentoring, independent living skills classes, counseling, wellness workshops, wraparound services and community resource presentations.

Jefferson County Children, Youth and Families Services **303-271-4015**

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900 Jefferson County Parkway
Golden, CO 80401
www.co.jefferson.co.us/hs/index.htm

Investigates allegations of child abuse and neglect, and provides kinship care support for families caring for abused or neglected children, foster care services and oversight, and other support services for children and families.

Jefferson County Head Start **303-271-4690**

900 Jefferson County Parkway
Golden, CO 80401
www.co.jefferson.co.us/hs/index.htm

Offers a comprehensive child-focused and family-centered preschool program, including individualized services in the areas of education, early childhood development, medical, dental, mental health, nutrition, family support, and parent involvement. Serves Clear Creek and Park counties as well as Jefferson.

Jefferson County Human Services **303-271-1388**

900 Jefferson County Parkway
Golden, CO 80401
www.co.jefferson.co.us/hs/index.htm

Offers services for children, youth, and families, Head Start, workforce development, child protective and support services, foster care and adoption services, food stamps, Medicaid eligibility services, child support enforcement services and legal assistance, fraud investigation, aging and adult services, Economic and Medical Assist Services (EMAS), Low income Energy Assistance Program (LEAP), Temporary Assistance to Needy Families, veterans services, and justice services including community corrections, mediation, and court services.

Jefferson County Community Assistance **303-271-1388**

900 Jefferson County Parkway, Suite 110
Golden, CO 80401
<http://www.co.jefferson.co.us/commassist/index.htm>

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A division of Jefferson County Human Services. Provides Adult Protective Services for people aged 18 and older who are at risk of abuse, neglect or exploitation; Child Support Services, including legal and other support to assure that all children receive financial and medical support from each parent; the Economic and Medical Assist Services that provide basic economic and medical assistance to people with limited resources, including food, health insurance assistance, short-term financial assistance for winter heating, and financial and medical assistance services for elderly and disabled adults; and Veteran's Services, which assists veterans and their survivors with disability benefits, vocational rehabilitation and employment, education and training, home loans, survivors' benefits assistance, and other services.

Jefferson County Workforce Center
TTY/TDD

303-271-4700
1-800-659-3656

3500 Illinois Street
Golden, CO 80401
www.jeffcoworkforce.org

Connects job seekers with potential employees in the Jefferson, Gilpin and Clear Creek County areas. Offers internet and counseling services for job seekers, on-site fax and copy machines, free workshops for job seekers, special services for veterans, youth, and disabled people seeking jobs. The internet site provides jobs updated daily, link to dozens of job sites, information about upcoming job fairs and educational resources.

Karlis Family Center - Family Tree

303-462-1060

1777 Kipling St.
Lakewood, CO 80215
www.thefamilytree.org/en/domestic-violence-services/105

Offers programs for families who have experienced domestic violence, child abuse, separation, divorce and other conflict in the home. Services include a safe exchanges of children between parents with court orders, supervised parenting-time sessions, domestic violence support groups for adults and children, family,

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individual and children's counseling, and information and community referrals.

La Leche **303-816-0039**

P.O. Box 472

Evergreen, CO 80437

www.llusa.org/COWY/ConiferEvergreenCO.html

Mother-to-mother education, information, support, and encouragement to women who want to breastfeed. Emergency peer-to-peer counseling services available.

La Clinica Tepeyac **303-458-5302**

3617 Kalamath Street

Denver, CO 80211

Provides low-cost health screenings, immunizations, breast and cervical cancer screenings, diabetes management classes, and general health education to anyone who does not have private health insurance. All staff members speak Spanish.

The Legal Center for People with Disabilities and Older People **970-241-6371**

322 North 8th Street

Grand Junction, CO 81501-1501

Toll-Free Phone **800-531-2105**

Promotes and protects the rights of elders and people with disabilities by providing legal representation in issues of special education, fair housing, access to state of federally funded services, access to public accommodations, and protection from abuse and neglect, as well as addressing complaints of residents of nursing homes and personal care boarding homes. Assistance is Spanish is available. Sliding scale based on income.

Low-Income Energy Assistance Program (LEAP) **800-782-0721**

Local contact centers:

Clear Creek County **303-567-3133**

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Jefferson County

866-432-8435

Park County

719-836-4144

Mountain Resource Center

303-838-7552

www.cdhs.state.co.us/LEAP

Assists with winter heating costs November 1st through April 30th. The Crisis Intervention Program (CIP) operates year-round and provides assistance with primary heating sources, such as a furnace. Applicants must be eligible for basic LEAP to qualify for CIP. Applications are available at county LEAP offices.

Lifeline and Link-Up America

800-782-0721

Federal Communications Commission

445 12th Street SW

Washington, DC 20554

www.lifeline.gov

Provides discounts to low-income consumers for telephone installation and monthly bills. Lifeline provides qualified consumers with a discount on monthly charges for their primary home phone line, even if it's a cell phone. Lifeline can save consumers at least \$10 a month on phone bills. Link-Up lowers the cost eligible consumers pay for setting up new phone service at their home, including cell phone service. Link-Up pays up to \$30.00 of a qualified consumer's home phone startup fees (even if it's a cell phone), not including the cost of the phone. Link-Up also lets consumers borrow up to \$200 of set-up fees, interest-free, for up to one year.

Lions Club

Local clubs:

Conifer area

303-838-7233

<http://coniferco.lionwap.org>

Lions clubs provide assistance for the purchase of eyeglasses, hearing aids, health-related services, scholarships or educational needs. These may include financial assistance toward medical treatment, transportation, lodging and meals.

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Loaves and Fishes Food Bank

303-567-4450

1403 Miner St.

Idaho Springs, CO 80458

www.rocklandcc.org/Ministries/Min_MissOutreach.htm

Provides food and other assistance, a safe and wholesome meeting place for youth, and a center where youth and adults may interact regardless of age, gender, nationality, or denominational affiliation.

Lutheran Family Services of Colorado

800-579-9496

www.lfsc.org

Metro Denver

303-922-3433

363 S. Harlan Street, Suite 200

Denver, CO 80226-3552

Emergency services include disaster response, crisis counseling, foster care, adoption services, pregnancy counseling, immigration services, refugee and asylum programs, teen pregnancy prevention programs, and services for seniors and elders.

Mary's Choice

303-838-1058

Mary's Choice is a home and Helping Hand Program for young women located outside Bailey, Colorado. Surrounded by the serenity of the Rocky Mountains, Mary's Choice provides young women the opportunity to reflect and learn in a loving, structured home for the duration of their pregnancies with ongoing support. Mary's Choice was founded to give pregnant young women an alternative to abortion. Services also include, pregnancy counseling, mother and baby clothes, baby supplies such as car seats and cribs, and referrals to other services.

Meals on Wheels (For Seniors)

Evergreen

303-674-2843

Medicaid and CICP providers:

303-360-6276

MCPN Clinic

Estes Street Community Clinic Lakewood

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8500 W. Colfax Ave.
Lakewood, CO 80215-4011

Medicaid is a health care program for people with low incomes and limited resources. In most states, children who get SSI payments qualify for Medicaid. In many states, Medicaid comes automatically with SSI eligibility. In other states, you must sign up for it. And some children can get Medicaid coverage even if they do not qualify for SSI. Check with your local Social Security office, your state Medicaid agency, or your state or county social services office for more information.

Medicaid Dentists in Colorado **303-692-2470**

Medicaid Dentists in Colorado **303-436-8900**
From birth to age 21

Medicaid for Children **303-838-7552**
Apply thru MRC

Medicare see Social Security

Mile Hi Down Syndrome Association **303-797-1699**
MHDSA
2121 S. Oneida Street, Suite 600
Denver, CO 80224
www.mhdsa.org

Emergency services include advocacy and support for parents of children with Down Syndrome, health information and referrals, online resources and other assistance.

Mile High United Way **866-760-6489**
2505 18th Street **303-433-8383**
Denver, CO 80211-3939

24-hour 211 helpline (Colorado human services) **211**

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Offers a free telephone referral services which provides information on Colorado human services and legal help. Assistance in Spanish is available.

Mile High United Way, Bailey **211**
303-561-2111

Dialing 211 in the Bailey area will connect you to Mile High United Way, for referrals and resource information for all human services issues.

Mountain Area Pregnancy Center **303-674-5881**
28678 Buffalo Park Rd.
Evergreen, CO 80439-7378
www.mapc.us

Confidential, free services include: free pregnancy tests and peer counseling regarding pregnancy options, material assistance, mothers' closet, maternity needs, diaper and baby care needs, referrals for medical, financial, and housing needs.

Mountain Peace Shelter **303-838-7176**
24 Hour Hotline **303-838-8181**

Undisclosed location - Bailey area
P.O. Box 836
Bailey, CO 80423
www.mountainpeace.org

Emergency Shelter serving: Park County, mountain Jefferson County and surrounding mountain areas for women, children, pets; some services for abused men.

Mountain Resource Center **303-838-7552**
Dental Care program **303-343-8001**
Domestic Violence Counseling **303-432-1060**
Ext. 211
Women, Infants and Children **303-816-5974**

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ALPHABETICAL RESOURCE LIST

11030 Kitty Drive
P.O. Box 425
Conifer, CO 80433
www.mountainresourcecenter.org

Provides crisis and support services to families, individual, children, youth, veterans and special needs populations. Emergency services includes supplies of food, diapers and baby supplies, clothing, firewood as well as utilities assistance, rent/mortgage assistance, and legal referrals. A health clinic provides services for uninsured or publicly insured youth ages 0-20, including CHP+/Medicaid enrollment, vision care, dental care, nutrition and health education, physicals, newborn exams, treatment of injuries, adolescent GYN services, and high altitude medicine. The WIC (Women, Infants and Children) program serves lower income pregnant, postpartum and breastfeeding women, and infants and children up to age 5 who are nutritionally at-risk and live in Jefferson County. Mental health counseling services include crisis and on-going counseling for individuals, youth, and families. Domestic Violence assistance provides crisis help, individual and group counseling, shelter referral, and advocacy to victims of domestic violence and their families. Job services include resume & job search help, computer lab/basic computer training, financial management, and education workshops. Disaster relief provided to individuals, families and the community.

Mt. Evans Hospice & Home Health Care

303-674-6400

3081 Bergen Peak Drive
Evergreen, CO 80439
www.mtevans.org

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Services include in-home hospice and health care (including physical, occupational and speech therapy), emotional and spiritual support, grief counseling, assistance with long-range health care planning, transportation to medical appointments, and community education.

Narcotics Anonymous **303-832-3784**

Denver Inner City Parish Building
1212 Mariposa St.
Denver, CO 80204

12795 Hwy 285 - Razor's Edge (Club)
Conifer, CO 80433
www.nacolorado.org

NA is a nonprofit fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only one requirement for membership, the desire to stop using drugs.

National Center for Missing and Exploited Children **800-843-5678**

National Child Abuse Hotline **800-422-4453**

National Child Safety Council **800-327-5107**
Mon-Fri 7 a.m.-5:30 p.m. Eastern Time

National Domestic Violence Hotline **800-799-7233**

National Life Center/Pregnancy Hotline **800-848-5683**

**Native American Community:
Denver Indian Center, Inc.** **303-936-2688**

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ALPHABETICAL RESOURCE LIST

4407 Morrison Road
Denver, CO 80219

Offers food bank, employment, training, women's wellness services, and family and community resources for American Indian clients free of charge. Child care center provided on a sliding fee scale. Assistance in Native Tribal language is available.

Operation Silver Spurs

303-332-9230

24011 Pleasant Park Road
Conifer, CO 80433

www.operationsilverspurs.org

Provides therapeutic riding programs that promote the benefits of working with horses to improve quality of life. Combines the mission of helping veterans with acquiring horsemanship skills, participating in therapeutic riding and understanding the unique philosophies and principles of The Wisdom of the Horse.

Park County Early Intervention

303-816-0011

Colorado/The Resource Exchange

57393 US Hwy 285,
Bailey, CO 80421

www.eicolorado.org
amoutoux@tre.org

Connects families that have questions and concerns about their child's development to support and services.

Park County Human Services

719-836-4139

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P.O. Box 968
Fairplay, CO 80440

Administers Federal and State funds for at risk and needy families.

Park County Public Health

303-816-5970

59865 US Hwy 285
PO Box 1194
Bailey, CO 80421

824 Castello Ave
PO Box 846
Fairplay, CO 80440

719-836-4161

Services include: vaccines, flu shots, WIC (Women, Infants and Children) program, Health Care Program for Children with Special Needs, information about specialty medical services and standards, medical home care coordination and limited financial assistance for families with low income, and screening program for early identification of developmental delays, for kids birth to 5 years in the following areas: speech and language, vision, hearing, physical coordination, problem solving and social emotional skills.

Screening program available for early identification of developmental delays, for kids birth to 5 years in the following areas: Speech & language, vision, hearing, physical coordination, problem solving and social emotional skills.

Park County Senior Coalition

719-836-4295

824 Castello St
PO Box 309
Fairplay, CO 80440

Non-emergency services to Park County residents 60 years of age and older include: emergency phone dialers, homemaking, transportation, information referrals, handyman, meal delivery,

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financial assistance, and weekly shopping, medical and social trips.

Park County Victim's Assistance **303-816-5912**
Emergency Dispatch Center **719-836-4441**

Sheriff's Department
59865 Hwy 285
Bailey, CO 80421

PO Box 604

Fairplay, CO 80440

Serving victims of crime and other traumatic events in Park County.

Park County Workforce

Bailey Library **303-838-5539**

<http://parkcounty.colibraries.org/colorado-workforce-center-the-park-county-public-libraries.html>

Services include: hands on job search assistance at park county libraries.

Park/Chafee County **719-539-6627**

Child Support and Paternity.

Planned Parenthood **303-988-3821**
of the Rocky Mountains

1400 S. Wadsworth Blvd.

Lakewood, CO 80232

www.plannedparenthood.org

Services for women, men, and couples, including: colposcopy, cryotherapy, hormone replacement therapy, mammogram referrals, menopause and midlife — testing and treatment, Pap test, urinary tract infections — testing and treatment, vaginal infections — testing and treatment, checkups for reproductive/sexual health problems and breast exams. Help with the following: irregular periods or no periods, painful periods,

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painful sex, bleeding between periods, menstrual problems (premenstrual syndrome) or even a lost tampon. Services are available on a walk-in basis and by appointment every day but Friday and every other Saturday. Medicaid Accepted.

Pike's Peak Mental Health, Park County **303-816-5978**
59865 U.S. 285
Bailey, CO 80421

Professional care by a counselor for emotional problems; psychiatrists available specializing in children or adults.

Quit Smoking Line **800-639-7848**

Rape Assistance and Awareness **303-329-9922**
Program (24-hour rape crisis hotline) **303-322-7273**
P.O. Box 18951 (24-hour Spanish hotline) **303-329-0031**
Denver, CO 80218-0951 (TDD hotline) **303-329-0023**

Phone assistance for women, children, and men who are victims of sexual assault and abuse, as well as their loved ones and concerned friends. Services include crisis intervention, legal referrals, support, information, individual and group counseling, personal safety skills classes, and assistance with filing of restraining orders and police reports.

Rocky Mountain Poison Control **800-222-1222**

RTD Access A Ride (see Access A Ride)

RTD Bus Schedule **303-299-6000**
TDD **303-299-6089**

Safe House Denver, Inc. **303-830-1276**
Crisis Line **303-318-9989**
1649 Downing Street
Denver, CO 80218
<http://safehouse-denver.org>

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Provides shelter, crisis assistance, counseling and referrals for women experiencing domestic violence and their children. Services include emergency shelter and a non-residential Counseling and Advocacy Center. A full range of bilingual programming is available, including individual counseling, group sessions, advocacy and safety planning. Specialized services for lesbian and bisexual women.

Salvation Army Family Center **303-295-3366**

2201 Stout Street,
Denver, CO

Evergreen

303-697-4175

Conifer

303-838-9285

www.salvationarmyusa.org

Some services include: missing persons – to help reunite families, Veteran affairs, adult rehabilitation, youth camps, disaster relief, elderly services.

Second Wind Fund, Inc. **303-988-2645**

12567 W. Cedar Dr.
Lakewood, Colorado 80228
www.thesecondwindfund.org

Offers private counseling for uninsured or underinsured youth (19 and under) deemed at-risk for suicide by schools or other third parties. All counseling (minimum 8 sessions) paid for entirely through the fund.

Senior Eyecare Program **800-222-3937**

Senior Ride (RTD) **303-299-6503**

Provides curb-to-curb transportation services for senior citizens through Denver's Regional Transportation District.

Seniors' Resource Center **303- 238-8151**

3227 Chase Street
Denver, CO 80212

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www.SRCAging.org

Evergreen

303-674-2843

5120 Hwy 73

Evergreen, CO 80439

www.srcaging.org/evergreen

A community partner providing person-focused, coordinated services to enhance independence, dignity and quality of life for seniors. These services include intensive transportation, adult day and respite care, in-home care for senior citizens and disabled adults, mental health outreach, job training and care management. Assistance in Spanish is available.

Seniors! Inc.

303-300-6900

5840 E. Evans Ave.

Denver, CO 80222

Services include money management and bill payer assistance, senior companionship, caregiver and family support services, respite and in-home supportive services (companions, homemaker, housekeeping, transportation, personal care), nursing assistance, referral, advocacy, and full and part-time employment and staffing services (available to all ages). Assistance in Spanish is available.

SHARE Colorado (see Catholic Charities) 303-428-0400

9360 Federal Blvd.

Denver, CO 80260

Idaho Springs Senior Center

303-567-2382

For each \$10 or equivalent food stamps plus one hour of community service, clients receive \$11-21 worth of food per month. Foods include meats, fresh produce, and some grains/cereal. Spanish spoken.

Social Security

800-722-1213

www.ssa.gov

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The Supplemental Security Income (SSI) program pays benefits to disabled adults and children who have limited income and resources. SSI benefits also are payable to people 65 and older without disabilities who meet the financial limits.

Medicare is a federal health insurance program for people age 65 or older and for people who have been getting Social Security disability benefits for at least two years.

There are two exceptions to this rule. Your child can get Medicare immediately if he or she: Has a chronic renal disease and needs a kidney transplant or maintenance dialysis; or has Lou Gehrig's disease (amyotrophic lateral sclerosis).

State Children's Health Insurance Program

www.cms.hhs.gov/home/schip.asp

877-543-7669

The State Children's Health Insurance Program enables states to provide health insurance to children from working families with incomes too high to qualify for Medicaid, but too low to afford private health insurance. The program provides coverage for prescription drugs, vision, hearing and mental health services and is available in all 50 states and the District of Columbia.

Stride-Jefferson County

303-238-3580

www.stride-co-org.com

Services for homeless or low income individuals include: education and vocational training, job search assistance, coaching, mentoring, case management, emergency loans, household items, tutoring and after-school activities to help children succeed in school. Stride helps each participant to develop an individualized plan for self-sufficiency.

Suicide Prevention Hotline - 24 Hour

800-273-8255

Suicide Prevention Lifeline

**800-SUICIDE
800-784-2433**

Sun Power Inc.

303-382-1514

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Jefferson County
3200 Larimer Street
Denver, CO 80205-2314
www.sunpowerinc.org

Provides free weatherization services to qualified homeowners and renters in Jefferson Counties, including insulation, heating system safety and efficiency, air sealing and tightness, electric savings measure. Clients who qualify for LEAP also qualify for Sun Power's weatherization services.

Table Mountain Animal Shelter **303-278-7575**
4105 Youngfield Service Road
Golden CO 80401

Provides dog and cat shelter, adoption services and educational resources related to animal care.

The Resource Exchange **303-816-0605**
PO Box 1194
59865 US Hwy 285
Bailey, CO 80421

Services include: support for people with developmental disabilities by assisting with the coordination of services.

University of Colorado Dental School **720-848-0000**
303-724-6900

www.uchsc.edu/sod

Reduced fee services include: general dentistry, dental hygiene, periodontics, oral surgery, endodontics, radiology, specialty care options for emergencies, special needs patients, elderly patients, pediatric care and orthodontics (braces).

Veteran's Benefits and Information **303-838-7552**
Contact Mountain Resource Center

Veteran's Rep/ Clear Creek County **303-569-2239**

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ALPHABETICAL RESOURCE LIST

Veteran's Rep/ Jefferson County **303-271-4205**

VFW

Conifer (Kenny Cressler) **303-960-9226**

www.vfw.org

P.O. Box 1416

Conifer, CO 80421

Bailey (Dave Marlin) **719-836-7049**

Idaho Springs (Gene Eddy) **303-567-2120**

PO Box 891

Idaho Springs, CO 80452

www.vfw.org

Services include: resources and support for veterans and active duty military families, widows, and children.

WIC (Women, Infants and Children Nutrition Services) **303-816-5974**

Services include: nutrition program, voucher, education, growth monitoring for pregnant, postpartum, breast-feeding women and children up to 5 years of age.

YEP / Clear Creek County Youth Services **303-679-2300**

405 Argentine St,

ext. 576

Georgetown, CO 80444

www.co.clear-creek.co.us/Depts/Youth_Sev/YEP_Trips.htm

Services include: adolescent/youth support group, diversion, and employment assistance.

Victim's Assistance

Jefferson County Victim's Assistance **303-271-5339**

Park County Victim's Services

Sherriff Dept. **303-838-4441**

To Report a Crime in Process **719-836-4121x5**

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Women in Crisis – Safe Shelter

303-420-6752

Address confidential

www.thefamilytree.org/en/domestic-violence-services

Provides shelter, advocacy and education for women and children who have experienced domestic violence in the home. Services include emergency shelter, food and clothing, legal advocacy, on-site health clinic, individual and group counseling, children's program, housing referrals and advocacy, 24-hour crisis and information line, restraining order assistance, free legal clinics, and support programs.

FOR LIFE THREATENING EMERGENCIES CALL 911

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Emergency Contact Numbers



Ambulance



Doctor



Fire



Poisoning



Police

911